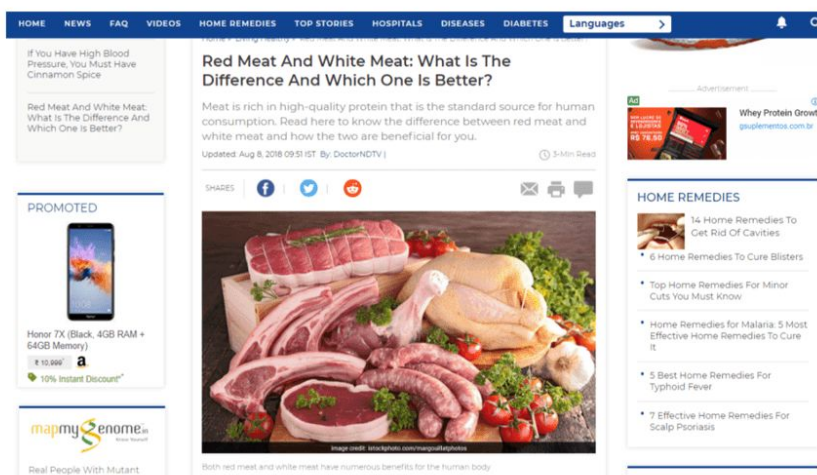


INPUT - Supporting tasks

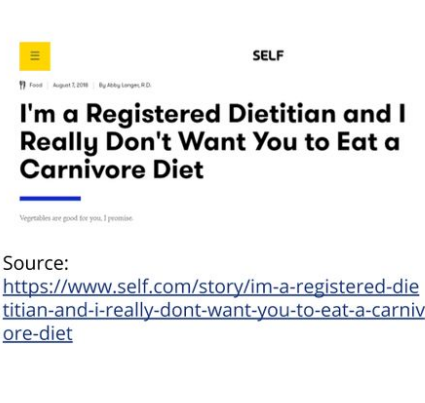
Part 1 - Getting across

These news reports can be found on online magazines and newspapers.

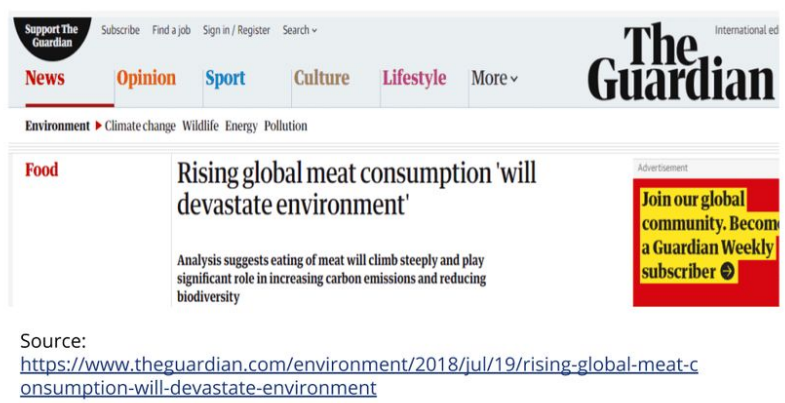
Source:
<https://doctor.ndtv.com/living-healthy/red-meat-and-white-meat-what-is-the-difference-and-which-one-is-better-1896416>



Source:
<https://www.self.com/story/im-a-registered-dietitian-and-i-really-dont-want-you-to-eat-a-carnivore-diet>



Source:
<https://www.theguardian.com/environment/2018/jul/19/rising-global-meat-consumption-will-devastate-environment>



They aim at discussing the **consumption of all kinds of meat** and whether eating meat is healthy or not.

Think about you and your family´s habits and answer:

1. Do you like eating meat? Yes No

2. How often do you have it? Everyday Every other day
Once a week _____

3. What kind of meat do you eat? Fish Red meat Chicken
Pork Lamb Turkey Seafood

4. Can you think of a diet without meat? Yes No

Why/why not? ____

5. Do you think there are only benefits in eating meat? Yes No

6. How do you think meat consumption can devastate the environment?

By.....

Part 2 - Getting ideas



Meat Free Monday – It's Not Complicated!

Source: https://www.youtube.com/watch?v=LwyMz_xmsog&feature=youtu.be

This is **Meat Free Monday**. It is a **campaign** started by the McCartney family. Paul, the famous singer from The Beatles, became vegetarian 40 years ago. This not-for-profit campaign was launched in 2009 by Paul and his two daughters, Mary and Stella. On their website they say their aim is to 'raise awareness of the detrimental environmental impact of eating meat, and to encourage people to help slow climate change, preserve precious natural resources and improve their health by having at least one meat free day each week'.

1) Read the sentences below **before** watching the video.

https://www.youtube.com/watch?v=DTIMC2y_mLU

Decide if the statements are T (true) or F (false). Correct the F (false) ones.

- A. () The project Meat Free happens two days in the week.
- B. () The school encourages children to think bigger.
- C. () It is not good for the planet if we eat less meat.
- D. () Students don't eat a lot of vegetables at school.
- E. () Parents are very angry at school because of Meat Free Monday.
- F. () With this project, children are encouraged to eat new vegetables especially at home.

2) Check (✓) the 4 written ideas about the Meat Free Monday movement that appeared in the video.

- Inspiring Good value
- Boring Tasty
- Powerful Useful
- Important Get involved

Now that you have ideas and inspiration about meat consumption and the Meat Free Monday campaign, go to https://padlet.com/nani_maciel3/vf6v5p3mmmwhpenm for instructions about your Output Project.