

Atividade para impressão - News reading - ING07_UN0501

Ramadan and the challenge of fasting for Muslim World Cup players

*Observant players get creative, breaking 12-hour fast during training and warm-up games ahead of 2018 FIFA tournament
by Hamza Hendaw 13 June 2018*

Ramadan, the holy month that requires Muslims to fast and refrain from drinking or eating from sunrise to sunset, has posed serious challenges for some of the teams in their buildup to the World Cup in Russia. Tunisia had a plan. **(1)**

Twice in recent weeks, goalkeeper Mouez Hassen fell to the ground during games, apparently exaggerating an injury, to allow his teammates to make their way to the sidelines, where backroom staff offered water bottles and passed out containers holding dates. **(2)**

Water and dates are the traditional Muslim way to break the fast during Ramadan. For the players, it also allowed them to get desperately-needed sustenance having not eaten or drunk the entire day of the game. **(3)**

Tunisia needed the break during the evening game because the day's fast ended while they were playing. So, Hassen had to time his 'injury' just right — when he was certain the sun had gone down and the players were allowed to drink and eat again. On both occasions in the friendly games against Portugal and Turkey, sunset came early in the second half, leading Hassen to do his thing and the Tunisia players to seize the chance to refuel. **(4)**

Tunisia is not the only World Cup team affected by Ramadan. All five of Africa's qualifiers — Tunisia, Egypt, Morocco, Senegal and Nigeria — have Muslim players in addition to Saudi Arabia and Iran, who are also in the World Cup. **(5)**

from:

www.timesofisrael.com/ramadan-and-the-challenge-of-fasting-for-muslim-world-cup-players/
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Read and identify the main idea in each paragraph. Match the ideas below and the numbers in the paragraphs:

() Other national football teams are also challenged by not eating or drinking during Ramadan.

() A common type of food and drink that is consumed by players during the matches.

() An introduction to Ramadan and the difficulties players are having during 2018 World Cup.

() How a player managed to eat during a match.

() The right time to eat during a match.